

Securing a Safe Return to Sport

As a PE Department, we were again very impressed by the fantastic involvement of the pupils during lockdown in our Jantastic challenge, Three peaks Challenge, live games afternoons and the Around the World in 8 days charity event, raising over £1,000 for the Mental Health Foundation. It was great to see so much student involvement through lockdown and we thank you for your support of this. We are very much looking forward to returning to a structured, active sporting programme and working with our pupils again, in a safe manner. Our PE and Sports provision for the next three weeks is detailed below.

Maintaining a safe environment

We will ensure that we follow government guidance on safety, cleaning and hygiene throughout our sporting programme. We will make judgements regarding what physical activities can take place in light of our school specific environment and these decisions will be influenced by sporting National Governing Bodies. Our ultimate aim is to provide high quality sports provision, offering a range of activities through the curriculum and Games programme.

PE kit – pupils should come to school in their PE kit if they are playing any sport on that day – to include PE lessons, Games afternoons or structured lunch time sessions.

In line with the school policy for transport, pupils must wear masks on any journey – this includes Minibus and coach transport to and from the astroturf for Games.

What sporting opportunities will we offer?

Physical Education:

In Years 7-11, pupils will follow a PE programme that has a sports and athletic focus. They will not need to bring any extra equipment.

Games afternoons:

In all years pupils will attend Games sessions in 'Year Group Bubbles'. Years 7-10 will register as normal in their marquees. They will then walk to the fields in small groups or will be transported to the astro. Years 11-13 will be registered at the location of their Games activity as normal.

Please could all boys bring boots if they are working down the fields. They will also need shin pads for any football sessions.

Years 7 and 8:

Netball, and Hockey will form the girls programme and the boys' programme will include Football, Rugby and Multi-sport ball skills, all in accordance with National Governing Body guidelines.

Years 9 and 10:

Netball, Rowing, Hockey and the alternative sports programme will form the girls programme and the boys' programme will include Football, Rowing, Rugby and Multi-sport ball skills, all in accordance with National Governing Body guidelines.

Senior Games (Years 11-13):

Will have a broader range of activities including Badminton, Yoga, Dance, Fitness suite, Hockey, Netball, girls alternative sports programme, Rowing, Rugby and Football. This will all be in accordance with National Governing Body guidelines.

Although we are unable to offer after-school sessions this term Harry Cronin our Strength and Conditioning coach will be running live training session on teams from 4.45-5.30 through the week. All year groups are welcome to attend any of these sessions.

Saturday Sport

Unfortunately leading up to Easter we are unable to offer a Saturday programme but we hope to return to this next term.

Hygiene & facilities

In all active sessions we will maintain robust hand sanitising and respiratory hygiene measures, in line with the school's policy. As such, hand sanitiser will be readily available before, during and after all sporting activities. Where equipment sharing is necessary, it will be cleaned with appropriate products after use at designated cleaning stations for equipment.

There are some Sporting Facilities that will not be in use at this time, due to changing facilities and equipment use.

The current sporting offer will be constantly reviewed and amended in line with current government and relevant sporting National Governing Body guidance as well as our own working practices. Any significant changes to our own sporting programme will be communicated at the earliest opportunity.

J. Mason

Director of Sport