

# WEEK 1 MENU

## Monday

### Main Course

Penne Pasta with  
Tomato & Basil Sauce

### Vegetarian

**Seasonal Potatoes  
& Vegetables**  
Garlic Bread & Salad

**Baked Jacket Potato**  
Daily Selection of  
Fillings

**Salad bar**  
Proteins, Mixed  
Leaves, Combination  
Salads

**Dessert**  
Chocolate Crispy Cake,  
Fruit or Yoghurt

## Tuesday

### Main Course

Chicken Curry

### Vegetarian

Vegetable Curry

**Seasonal Potatoes  
& Vegetables**  
Steamed Rice, Naan  
Bread & Onion Bhaji

**Baked Jacket Potato**  
Daily Selection of  
Fillings

**Salad bar**  
Proteins, Mixed  
Leaves, Combination  
Salads

**Dessert**  
Sponge Cake & Custard,  
Fruit or Yoghurt

## Wednesday

### Main Course

Pork Sausages

### Vegetarian

Vegetarian Sausages

**Seasonal Potatoes  
& Vegetables**  
Mashed Potatoes &  
Baked Beans

**Baked Jacket Potato**  
Daily Selection of  
Fillings

**Salad bar**  
Proteins, Mixed  
Leaves, Combination  
Salads

**Dessert**  
Flapjack, Fruit or  
Yoghurt

## Thursday

### Main Course

Beef Pie

### Vegetarian

Cauliflower Cheese

**Seasonal Potatoes  
& Vegetables**  
Roast Potatoes,  
Broccoli, Carrots &  
Gravy

**Baked Jacket Potato**  
Daily Selection of  
Fillings

**Salad bar**  
Proteins, Mixed  
Leaves, Combination  
Salads

**Dessert**  
Mousse, Fruit or  
Yoghurt

## Friday

### Main Course

Pizza

### Vegetarian

**Seasonal Potatoes  
& Vegetables**  
Herby Diced Potatoes &  
Sweetcorn

**Baked Jacket Potato**  
Daily Selection of  
Fillings

**Salad bar**  
Proteins, Mixed Leaves,  
Combination Salads

**Dessert**  
Ice-Cream, Fruit or  
Yoghurt

**Allergy information available on request**