



# Level 3 Qualification in Sports Leadership

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## **Why King's? Facilities**

- Two sports halls and indoor swimming pool. Fitness suites in The Keyes Building and Michael Baker Boathouse.



## **Leadership Skill Foundation**

Level 3 Qualification in Sports Leaders is taught across four periods a week. Lessons contain an element of theory and practical to cover the six units studied.

### **Unit 1**

Developing leadership skills

Tutor hours 4  
Directed study 4

### **Unit 2**

Lead Safe Sport/physical activity sessions Know how to plan inclusive sports/physical sessions

Tutor hours 5  
Directed study 4

### **Unit 3**

Know how to plan inclusive sport/physical activity

Tutor hours 18  
Directed study 10

### **Unit 4**

Plan, lead and evaluate a progressive series of inclusive sport/activity sessions.

Tutor hours 15  
Directed study 10

### **Unit 5**

Plan, lead and evaluate a sports/physical activity event

Tutor hours 15  
Directed study 10 (2\*)

### **Unit 6**

Demonstrate leading inclusive sport/physical activity sessions to a range of participant groups.

Tutor hours 3  
Directed study 10 (12\*)

\*includes 14 hours demonstration of leadership:

Unit 5 – two hours demonstration of event leadership

Unit 6 – 12 hours demonstration of sport/activity session leadership

## **Sixth Form Elective Programme**

- Level 3 in Sports Leadership
- 16 UCAS points
- Six Units
- 14 hours of Sport Leadership

The course aims to provide pupils with employability skills through leadership and is ideal for developing communication, self-belief, teamwork, self-management and problem solving.

Towards the end of Lower Sixth, pupils will plan, lead and evaluate an inclusive sports/activity event or festival. This provides pupils to demonstrate their leadership skills learnt.

To build on this, pupils will complete 12 hours of leadership within our community to demonstrate skills and behaviors learned over the course. This can be done through local sports clubs and feeder schools.

As a level 3 sports leader, you will be supported and guided by your tutor. Once qualified, you will be able to independently lead and be responsible for all aspects of safety of a session.

