



Physical Education

Head of PE: Mr Jonny Mason
E: jmason@ksw.org.uk

Why King's?

Facilities

- Dedicated teaching room. Two sports halls and indoor swimming pool. Fitness suites in The Keyes Building and Michael Baker Boathouse.

A level PE is assessed across four components. The three academic areas will be taught through four double periods per week.

Component 1: Physiological factors affecting performance. This component is worth 30% of the course and is assessed across a 2 hour paper. It covers the following areas.

- Applied Anatomy and Physiology
- Exercise Physiology
- Biomechanics

Component 2: Psychological factors affecting performance. This component is worth 20% of the course and is assessed across a 1 hour paper. It covers the following areas.

- Skill Acquisition
- Sports Psychology

Component 3: Socio-cultural issues in physical activity and sport.

This component is worth 20% of the course and is assessed across a 1 hour paper. It covers the following areas:

- Sport and Society
- Contemporary issues in physical activity and sport.

Component 4: Performance in physical education.

This component is worth 30% of the course and is assessed across the following areas:

- 15% is based on the student's performance in a chosen sport.
- 15% is assessed through an interview where the student demonstrates their knowledge of the theory areas and how it relates to their chosen sport.

Academic Performance

29% A*

71% A*-B

94% A*-C

2023 Results

“ The course is based on interaction between the theory and practice of physical education. ”



The course takes a multi-disciplinary approach, encouraging the development of different methods of enquiry, with the focal point being the performer and the performance.

The course is based on interaction between the theory and practice of physical education. We have been offering A level studies since 1997.

Practical activity options

Acrobatic Gymnastics, Association Football
Amateur Boxing, Athletics, Badminton
Basketball, Blind Cricket
BMX, Boccia, Camogie
Canoeing, Cricket, Cross Country running
Cycling Track or Road Cycling, Dance
Diving Platform Diving, Equestrian
Figure Skating, Futsal
Gaelic football, Goal Ball
Golf, Gymnastics
Handball, Field Hockey
Hurling, Ice Hockey, Inline Roller Hockey
Kayaking, Lacrosse, Netball
Polybat, Powerchair football
Rock Climbing, Rowing
Rugby League, Rugby Union
Sailing, Sculling, Skiing
Snowboarding, Squash
Swimming, Table Cricket
Table Tennis, Tennis, Trampoline
Triathlon, Volleyball, Water Polo
Wheelchair Basketball, Windsurfing
Wheelchair Rugby



Andrew Boyce A*

- England U18 Rugby
- Senior England 7s



Alice Wright A*

- England U20 Cross Country
- Full Scholarship Mexico State University
- 2018 European Athletics Championships 10,000



Franny Taylor A*

- England U18 & U21 Hockey

For further information please visit the Sports pages on our website