



**King's  
Hawford**

Week 1

Menu may be subject to change depending  
on delivery issues or shortages

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Chicken Meatballs In Marinara Sauce</p> <p>Or</p> <p>Roasted Mediterranean Vegetables And Beans In Marinara Sauce</p> <p>Wholegrain Steamed Rice Green Beans Garden Peas</p>	<p>Hawford Pasta Bar Sauces: Roasted Tomato And Basil Cheese Sauce Red Pesto And Roasted Tomato</p> <p>Toppers: Crispy Onions, Pesto Sweetcorn, Roasted Peppers Mediterranean Vegetables</p> <p>Home Made Bread</p>	<p>Home Made Beef And Vegetable Pie</p> <p>Or</p> <p>Roasted Root Vegetable And Bean Pie And Topped With Sweet Potato Mash</p> <p>Steamed Carrots &amp; Broccoli Steamed Parsley New Potatoes Pan Gravy</p>	<p>Chicken And Chickpea Madras</p> <p>Or</p> <p>Cauliflower, Chicpea, Sweet Potato And Coconut Curry</p> <p>Braised Rice Saag Aloo, Green Beans Naan Bread,</p>	<p>Breaded Pollock Fish Fingers</p> <p>Or</p> <p>Breaded Vegan Fish Fingers</p> <p>Oven Cooked Chips Garden Peas And Sweetcorn Tartare Sauce Tomato Ketchup</p>
<p>Chefs Soup Of The Day Crusty Bread</p>	<p>Chefs Soup Of The Day Crusty Bread</p>	<p>Chefs Soup Of The Day Crusty Bread</p>	<p>Chefs Soup Of The Day Crusty Bread</p>	<p>Chefs Soup Of The Day Crusty Bread</p>
<p>Jacket Potatoes &amp; Salads</p>	<p>Jacket Potatoes &amp; Salads</p>	<p>Jacket Potatoes &amp; Salads</p>	<p>Jacket Potatoes &amp; Salads</p>	<p>Jacket Potatoes &amp; Salads</p>
<p>Rocky Road Or Jelly/Yogurt/Fruit</p>	<p>Seasonal Fruit Crumble Or Jelly/Yogurt/Fruit</p>	<p>Pineapple Upside-down Cake Or Jelly/Yogurt/Fruit</p>	<p>Banana Flapjack Or Jelly/Yogurt/Fruit</p>	<p>Lemon Sultana Cookies Or Jelly/Yogurt/Fruit</p>



Week 2

Menu may be subject to change depending on delivery issues or shortages

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Local Country Butchers Sausages</p> <p>Or</p> <p>Vegetarian Sausages</p> <p>Creamy Mashed Potatoes Steamed Broccoli And Savoy Cabbage Pan Gravy</p>	<p>Traditional Beef And Lentil Lasagne</p> <p>Or</p> <p>Vegetable And Lentil Lasagne</p> <p>Steamed Carrot Pepper And Cucumber Sticks Homemade Wholemeal Bread</p>	<p>Roasted Pork Loin Crackling</p> <p>Or</p> <p>Vegetable And Butter Bean Casserole</p> <p>Parsley New Potatoes Roasted Root Vegetable Mixed Greens Pan Gravy</p>	<p>Chicken Tikka Masala</p> <p>Or</p> <p>Vegetable Chana Masala</p> <p>Braised Rice Curried Potatoes Sweetcorn Naan Bread</p>	<p>Margarita Pizza</p> <p>Oven Cooked Chips</p> <p>Crispy Mixed Lettuce Cucumber And Pepper Sticks Baked Beans</p>
<p>Chefs Soup Of The Day Crusty Bread</p>	<p>Chefs Soup Of The Day Crusty Bread</p>	<p>Chefs Soup Of The Day Crusty Bread</p>	<p>Chefs Soup Of The Day Crusty Bread</p>	<p>Chefs Soup Of The Day Crusty Bread</p>
<p>Jacket Potatoes &amp; Salads</p>	<p>Jacket Potatoes &amp; Salads</p>	<p>Jacket Potatoes &amp; Salads</p>	<p>Jacket Potatoes &amp; Salads</p>	<p>Jacket Potatoes &amp; Salads</p>
<p>Swedish Kladdkaka</p> <p>Or</p> <p>Jelly/Yogurt/Fruit</p>	<p>Pear And Apple Crumble</p> <p>Or</p> <p>Jelly/Yogurt/Fruit</p>	<p>Summer Berry Muffin Cake</p> <p>Or</p> <p>Jelly/Yogurt/Fruit</p>	<p>Fruity Flapjack</p> <p>Or</p> <p>Jelly/Yogurt/Fruit</p>	<p>Rice Pudding With Fruit Compote</p> <p>Or</p> <p>Jelly/Yogurt/Fruit</p>



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Mild Beef Chilli Con Carne</p> <p>Or</p> <p>Sweet Potato And Black Bean Chilli</p> <p>Whole Grain Steamed Rice Sweetcorn Steamed Green Beans</p> <p>Tomato Salsa Tortillas Chips</p>	<p>Herb Roasted Chicken Breast</p> <p>Or</p> <p>Lentil And Roasted Vegetable Cottage Pie</p> <p>Thyme New Potatoes Roasted Carrots Mixed Greens</p> <p>Pan Gravy</p>	<p>Traditional Beef And Lentil Bolognaise</p> <p>Or</p> <p>Vegetable And Lentil Bolognaise</p> <p>Homemade Bread Penne Pasta Steamed Broccoli Garden Peas</p>	<p>Chicken Pasanda</p> <p>Or</p> <p>Vegetable, Chic Pea Bhuna</p> <p>Turmeric Rice Roasted Peppers And Red Onions Curried Potatoes And Spinach Naan Bread</p>	<p>Salmon Fishcakes</p> <p>Or</p> <p>Breaded Vegan Fish Fingers</p> <p>Oven Cooked Chips Garden Peas And Green Beans Tartare Sauce Tomato Ketchup</p>
<p>Chefs Soup Of The Day Crusty Bread</p>	<p>Chefs Soup Of The Day Crusty Bread</p>	<p>Chefs Soup Of The Day Crusty Bread</p>	<p>Chefs Soup Of The Day Crusty Bread</p>	<p>Chefs Soup Of The Day Crusty Bread</p>
<p>Jacket Potatoes &amp; Salads</p>	<p>Jacket Potatoes &amp; Salads</p>	<p>Jacket Potatoes &amp; Salads</p>	<p>Jacket Potatoes &amp; Salads</p>	<p>Jacket Potatoes &amp; Salads</p>
<p>Summer Berry Crumble</p> <p>Or</p> <p>Jelly/Yogurt/Fruit</p>	<p>Carrot Cake</p> <p>Or</p> <p>Jelly/Yogurt/Fruit</p>	<p>Seeded Flapjack</p> <p>Or</p> <p>Jelly/Yogurt/Fruit</p>	<p>Rice Crispy Cake</p> <p>Or</p> <p>Jelly/Yogurt/Fruit</p>	<p>Chef's Dessert Station</p> <p>Or</p> <p>Jelly/Yogurt/Fruit</p>